

Education Network

South West - Learning at Work Week Special

Learning at Work Week 2024

Learning at Work Week 2024 takes place from 13th to 19th May 2024

What is Learning at Work Week?

Learning at Work Week (LAW Week) is a unique annual event to build learning cultures at work. It aims to put a spotlight on the importance and benefits of continual learning and development.

LAW Week is led nationally by [Campaign for Learning](#).

Employers are invited to mark Learning at Work Week in their organisations. Campaign for Learning provide learning & development colleagues and organisers, the planning resources, activities and ideas to run creative, innovative and inclusive LAW Week campaigns and events.

In UNISON our national Learning and Organising services offer these amazing offers for the week - you can sign up using the link

learning.unison.org.uk/laww2024

The graphic features a yellow header with the title 'National Learning at Work Week 2024'. Below this, five event cards are arranged vertically, each with a day of the week, date, title, and time. The cards are color-coded: Monday (green), Tuesday (purple), Wednesday (green), Thursday (purple), and Friday (green). Logos for UNISON, Learning at Work Week, and UNISON College are at the top. A QR code labeled 'scan me' is in the bottom right corner.

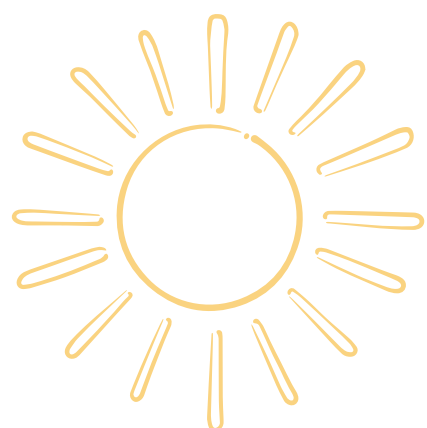
Day	Date	Event Title	Time
MON	13 MAY	Power to grow: Power to be You	12noon - 1pm
TUE	14 MAY	Power to connect: Social Media	1pm - 2pm
WED	15 MAY	Power to engage: Importance of ULRs	12noon - 1pm
THU	16 MAY	Power to connect: Every penny counts	1pm - 2pm
FRI	17 MAY	Power to Grow: Speaking with confidence	12noon - 1pm

learning.unison.org.uk/laww2024

scan me



Learning Together Life is better in a union



New Union Learning Rep (ULR) online training Summer 2024

<https://learning.unison.org.uk/events/ulr-online-training-summer-2024/>

4th , 11th , 25th June & 2nd July | 09:30-13:00 | MS Teams

This is a great learning opportunity for newly elected UNISON Learning Reps. This course will help you to understand the role of the UNISON learning rep, how to find out what people want to learn – and how making the case for learning, networking and making contacts , advertising and communicating with members, where to find help and resources



2024 U Learn Magazine!

<https://learning.unison.org.uk/ulearn/>

U Learn is UNISON College's annual learning magazine – celebrating learning and training from across the nations, regions, service groups, self-organised groups and national team.

Enjoy reading about all the fascinating stories from our members and activists. And get ideas and inspiration to take the next step on your own learning and training journey!

Call out to branch Green & Environmental Reps - Carbon Literacy Course offer

We are very lucky to be able to offer this out to elected Environmental and Green Reps in South West Branches.

southwest.unison.org.uk/events/carbonliteracy/

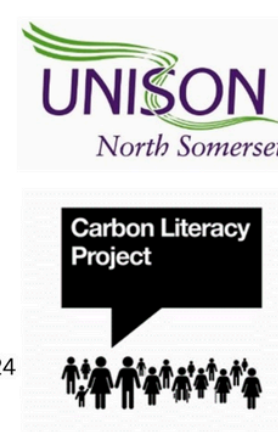
Victoria is the North Somerset UNISON Branch Environment Officer and will be facilitating this course for local Green Reps.

Victoria is happy to offer spaces to other South West branch Green & Environment Reps.

Email Victoria to book a space :

victoria.barvenova@n-somerset.gov.uk

Carbon Literacy Course



- When: 9am-1pm 20th & 27th June 2024
- Where: Microsoft Teams
- Book: email victoria.barvenova@n-somerset.gov.uk

What is carbon literacy?

Carbon Literacy is "an awareness of the carbon costs and impacts of everyday activities and the ability and motivation to reduce emissions, on an individual, community and organisation basis"



Facilitated by Victoria Barvenova - UNISON North Somerset Environment Officer & Climate Emergency Project Manager at North Somerset Council

climate change, and some of the other benefits to society of those actions.

Taking action

The course is run over two half days. It features background information on the causes and impacts of the climate emergency both in UK and around the world. We also look at actions we can be taking as individuals and as organisations to combat

Participants will leave the training with a more in-depth understanding of the climate crisis and an increased ability and motivation to reduce emissions on an individual, community and organisational basis.

Participants will receive a certificate from the Carbon Literacy Project.



<https://southwest.unison.org.uk/member-learning/>

FREE Member Learning 2024 online offers

SCAN ME!



ONLINE - WORKSHOP 

FREE LEARNING COURSE

FOR UNISON MEMBERS TO LEARN MORE

MENTAL HEALTH AWARENESS


16 May | 13:30 -16:30pm | MS Teams

Mental Health Awareness Week 13th – 19th May.

Learn with UNISON to be more aware about mental health. Learn more and build resilience.

This is a tutor-led session that will help your general understanding of good versus poor mental health. What are the factors that contribute to mental health problems? What signs and symptoms should you be aware of – in yourself and in others? What help is available for mental health problems? And how can you self-help?

ONLINE - WORKSHOP 

FREE LEARNING COURSE

FOR UNISON MEMBERS TO LEARN MORE





DEMENTIA AWARENESS AIMED AT UNISON MEMBERS WHO WORK IN CARE

22 May | 13:00 -16:00pm | MS Teams

This course is for those who work in the care and may be responsible for caring for service users who have or may have dementia.

This course will give you an understanding of the key issues in dementia care and how best to support individuals.

- Discuss the impact of dementia on memory and strategies that may assist those experiencing memory impairment.
- Consider the importance of life story work in supporting those with dementia related memory loss.
- List the reasons why individuals have an increased incidence of behaviour that challenges and the reasons for this.

ONLINE - WORKSHOP 

FREE LEARNING COURSE

FOR UNISON MEMBERS TO LEARN MORE

MENTAL HEALTH IN CHILDREN AND YOUNG PEOPLE


12th JUN | 9:30 -11:30pm | MS Teams

This learning takes a look at the everyday challenges facing children and young people and the effect it can have on their mental health.

We will begin to teach you the skills and confidence to spot the signs of mental health issues in a young person, offer first aid and guide them towards the support they need. In doing so, you can speed up a young person's recovery and stop a mental health issue from getting worse.

Our courses won't teach you to be a therapist, but we will teach you to listen, reassure and respond, even in a crisis – and even potentially stop a crisis from happening.

ONLINE - WORKSHOP 

FREE LEARNING COURSE

FOR UNISON MEMBERS TO LEARN MORE





END OF LIFE CARE


17th Oct | 9:30 -12:30pm | MS Teams

This virtual course explores how with our aging population more people are facing illness and need for end of life care and support.

During the course members can expect to cover the following content:

- Identify key points of the End of Life Care Delivery/Good Death.
- Identify best practice in support planning.
- Describe the physiological process people will undergo at the end of life.

ONLINE - WORKSHOP 

FREE LEARNING COURSE

FOR UNISON MEMBERS TO LEARN MORE

DEALING WITH DIFFICULT FACE-TO-FACE CONVERSATIONS

11th Nov | 9:30 -12:30pm | Zoom

Aimed at UNISON Members who regularly in work may often be faced with tackling difficult conversations or topics, or who may often have service users who are aggressive or angry.

- Understand how to appropriately and effectively respond to anger and aggression
- Identify how to effectively plan for managing angry and aggressive people
- Utilise strategies to diffuse and calm anxious and aggressive people
- Remain calm and composed to ensure the most positive outcome
- Recognise that the way you respond will impact on their response to you
- Interpret body language and be more aware of the signals that you are projecting

SHARE THESE OFFERS WITH YOUR MEMBERS



<https://southwest.unison.org.uk/member-learning/>