



# UNISON

*South West*

**Get Acti>e**

*organising for equality, respect, & fair treatment*

**17 - 19 May**

**Croyde Bay, North Devon**

# 2024



**@UNISONSW**



Registration on **Friday** will take place between 12.00 and 13.30 in **The Plaza**, which is by the main hotel reception desk – once Get Active begins, you will find us at the side of the **conference suite**.

All sessions on Friday will be held in the **conference suite** at **UNISON Croyde Bay Holiday Resort, Croyde, Braunton, North Devon EX33 1QB**

All meals and refreshment breaks will take place in **The Bay restaurant**

## Get Active day 1: Friday 17 May

start	end	activity	location
12.30 – 13.30		<b>arrival, registration &amp; lunch</b> Get Active registration will be in The Plaza, by the main hotel reception desk	hotel reception area <b>lunch in The Bay restaurant</b>
14.00 – 14.15		<b>welcome &amp; introductions</b> from the UNISON South West regional secretary and convenor team	<b>main conference hall</b>
14.15 – 15.15		<b>plenary session 1: <i>know your union</i></b> <i>an interactive guide to UNISON's structures with Mark Everden, UNISON South West regional education organiser</i>	<b>main conference hall</b>
15.15 – 15.45		<b>refreshment break</b> tea, coffee and snacks will be available	<b>The Bay restaurant</b>
15.45 – 16.45		<b>plenary session 2: <i>why members should still be fighting for LGBT+ equality</i></b> with Mark Everden (UNISON SW organiser), & Darienne Flemington, Micheál Duffy and Paul Windsor from the UNISON SW LGBT+ members' self-organised group	<b>main conference hall</b>
16.45 – 17.00		recap of the day and explanation of the arrangements for the evening	<b>main conference hall</b>
19.00		<b>dinner, followed by Get Active Awards presentation</b>	<b>The Bay restaurant</b>
21.00 until late		<b>entertainment – DJ / disco &amp; photobooth</b>	<b>The Bay restaurant</b>

Registration on **Saturday** will take place from 09.00 in the **conference suite**.

Workshop sessions on Saturday will be held in **the conference suite, Dune bar, and the Pavilion (check your lanyard for details of your workshop rooms)**.

All meals and refreshment breaks will take place in **The Bay restaurant**.

## Get Active day 2: Saturday 18 May

start	end	Activity	location
08.00 – 09.00		<b>Breakfast</b>	<b>The Bay restaurant</b>
09.30 – 10.45		<b>workshops – session 1 **</b> check the back of your lanyard for your workshop choice and which room to go to	<b>various rooms – check your lanyard for details</b>
10.45 – 11.15		<b>refreshment break</b> tea, coffee and snacks will be available	<b>The Bay restaurant</b>
11.15 – 12.30		<b>workshops – session 2 **</b> check the back of your lanyard for your workshop choice and which room to go to	<b>various rooms – check your lanyard for details</b>
12.30 – 13.00		<b>recap and information about the Regional Council meeting this afternoon</b>	<b>main conference hall</b>

**\*\* workshop descriptions begin on Page 6**

## Saturday 18 May – Regional Council

**NB: attending Regional Council is part of the Get Active event.**

13.00 – 14.00	<b>Lunch</b>	<b>The Bay restaurant</b>
13.30 – 14.15	registration for Regional Council	<b>main conference hall</b>
14.30 – 17.00	<b>Regional Council</b> (refreshments available at 15.00)	<b>main conference hall</b>

**Saturday dinner is from 18.45 to 20.00 in The Bay restaurant**

## Saturday 18 May – movie night

After dinner on Saturday night there will be a film screening of “Pride”, in the **main conference hall** (see a description of the film on page 7).

20.30 – 22.30	film screening: “Pride” (2014)	<b>main conference hall</b>
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Plenary sessions on Sunday will be held in **the conference suite, Dune bar, and the Pavilion (check your lanyard for details of your workshop rooms).**

All meals and refreshment breaks will take place in **The Bay restaurant.**

## Get Active day 3: Sunday 19 May

start	end	activity	location
08.00 – 09.00		<b>breakfast</b>	<b>The Bay restaurant</b>
09.30 – 10.45		<b>workshops – session 3 **</b> check the back of your lanyard for your workshop choice and which room to go to	<b>various rooms – check your lanyard for details</b>
10.45 – 11.15		<b>refreshment break</b> tea, coffee and snacks will be available	<b>The Bay restaurant</b>
11.15 – 12.30		<b>plenary session 3: migrant workers – what branches and activists need to know</b> with Matt Dymond (UNISON SW organiser), Bola Abolade, Adekunle Akinola (both from the UNISON SW Black members' self-organised group) and Narmada Thiranagama (UNISON national policy officer)	<b>main conference hall</b>
12.45 – 13.00		<b>recap and closing comments</b> from the UNISON South West regional secretary and convenor team	<b>main conference hall</b>
13.00 – 14.00		<b>lunch</b>	<b>The Bay restaurant</b>

**\*\* workshop descriptions begin on Page 6**

**Please ensure that you check out of your rooms by 10.00 on Sunday morning.**

You can either put your luggage into your cars or store it at the side of the main conference room in room 1B (the sun lounge).

# Stalls

There will be stalls from the following UNISON Living and membership services partners:

- LV= [lv.com/UNISON](http://lv.com/UNISON)
- Quilter Financial Advisers [quilter.com/UNISON](http://quilter.com/UNISON)
- TC branding group [tc-unison.co.uk](http://tc-unison.co.uk)
- Thompsons Solicitors [unsn.uk/Thompsons](http://unsn.uk/Thompsons)
- UNISON Protect [unsn.uk/Protect](http://unsn.uk/Protect)

UNISON  
*Living*

The UNISON Living / membership services providers will be with their stalls on Friday, Saturday and Sunday, but the representatives from LV= and Thompsons will be leaving after Regional Council so make sure you visit them before the end of Saturday.

The stalls will be located at the back of the main conference hall.

## Saturday night film screening:



### Pride

*Pride* is a 2014 British historical comedy-drama film, written by Stephen Beresford and directed by Matthew Warchus. Based on a true story, it depicts a group of lesbian and gay activists who raised money to help families affected by the British miners' strike in 1984, at the beginning of what would become the *Lesbians and Gays Support the Miners* campaign (LGSM).

## GET ACTIVE

17th - 19th May 2024

UNISON  
Croyde Bay  
HOLIDAY RESORT NORTH DEVON

WIN A  
**WEEKEND BREAK IN A  
3 BEDROOM LODGE**

Friday - Monday 3 Nights. Dog Friendly Available.

Sleeping up to 6 people

Supporting UNISON'S Welfare Charity



there  
for you  
supporting UNISON members  
when life gets tough

### INCLUDES

Full Kitchen Diner  
Living Room with Smart TV  
Master Bedroom with En-suite Shower Room  
2 x Twin Bedrooms  
Family Bathroom  
3 Metre Outdoor Decking with Seating

This prize is available to book a weekend stay for 3 nights  
Friday - Monday. Terms and Conditions apply.  
Not redeemable for cash. Voucher Expires 24th October 2024.  
This excludes May Half Term, Bank Holidays and Summer Holidays.  
Further terms and conditions can be found on our website



SELF CATERING

Lodges

Win a weekend break at Croyde in our raffle! – all proceeds will go to UNISON'S welfare charity "there for you". Please ask a member of UNISON regional staff for more information.

# ➔ RAFFLE ➔

in aid of UNISON'S welfare charity  
"there for you" – lots of prizes to be won,  
including a weekend at Croyde Bay.

£2 per ticket or strip of 5 for £5

to be drawn at the end of regional council

# Get Active 2024 map of Croyde Bay

We will be using the following locations:

## CS1 (conference suite)

- 1A main conference hall
- 1B breakout room

## The Bay Restaurant

## The Dune Bar

## The Pavilion

## The Plaza

All meals will be served in The Bay restaurant

The Awards presentation and disco will be held in The Bay restaurant



UNISON South West  
is very grateful to  
our UNISON Living  
and membership  
services partners  
for their support

UNISON  
*Living*

[benefits.unison.org.uk](http://benefits.unison.org.uk)

**Quilter**  
Financial  
Advisers  
[quilter.com/UNISON](http://quilter.com/UNISON)

 **THOMPSONS**  
SOLICITORS  
**STANDING UP FOR YOU**  
[unsn.uk/Thompsons](http://unsn.uk/Thompsons)

 **tc branding  
group**  
[tc-unison.co.uk](http://tc-unison.co.uk)

**UNISON**  
*protect* ✓  
**INSURANCE**  
[unsn.uk/Protect](http://unsn.uk/Protect)

**LV**  
LIVERPOOL VICTORIA  
[LV.com/UNISON](http://LV.com/UNISON)

[southwest.unison.org.uk](http://southwest.unison.org.uk)