WHATS NEW IN MEMBER LEARNING

UNISON
South West

UNISON South West Region

Black Leadership Programme

Rise for Change, Push for Change

9-10 September 2023

Croyde Bay Holiday Resort

UNISON BM SOG are hosting their 2nd Black Leadership Programme

Key Note Speakers:

- Margaret Greer, National Officer for Race Equality
- Sharon Foster, High Sherriff of Bristol

Workshops:

- Campaigning
- Personal Development
- Mental Health and Wellbeing
- Hidden Disability
- Call Me By My Name

Don't miss out, book your place now!



Scan the code, use the link below and contact your branch to book your place on the

Black Leadership Programme

https://www.eventbrite.co.uk/e/670651325167?aff=oddtdtcreator









CONGRATULATIONS

Well done to our members from the South West Ambulance Branch who completed their literacy Functional Skills exams to achieve a Level 2 qualification. UNISON & The WEA working together to support members to learn.

Attachment in Early Years

14 September | 09:30-12:30pm | ONLINE Learn with Staff Skills Training



southwest.unison.org.uk/events/attachmentinearlyyears2023/

This workshop is aimed at people working in early years settings or those with an interest in attachment theory for young children The workshop will cover:

- Attachment classifications and how they are assessed
- The features of caregiving that influence attachment, and the significance of attachment for lifespan development
- Why the attachment system is an adapted and adaptive mechanism

Max number of attendees 20

BOOKING NOW!!

Managing Challenging Behaviour

21st November | 14:00pm-17:00pm | ONLINE Learn with 2Resolve



southwest.unison.org.uk/events/behaviourmanagment2023/

Learn how to communicate effectively and how to apply practical strategies to deescalate and resolve conflict

On completion of this Conflict Management Course you will be able to:

- Understand how to appropriately and effectively respond to anger and aggression
- Identify how to effectively plan for managing angry and aggressive people
- Recognise the different stages of conflict escalation
- Utilise strategies to diffuse and calm anxious and aggressive people
- Remain calm and composed to ensure the most positive outcome
- Interpret body language and be more aware of the signals that you are projecting
- Maintain physical 'safe' distance and demonstrate Positive Defensive Standing (PDS)

Max number of attendees 20





Learning for Women

MENOPAUSE IN THE WORKPLACE

18th OCTOBER | ONLINE | 10:30-12:30

Around 3.5 million women aged 50 years and over are currently in employment in the UK. The employment rate for women in the UK has actually increased in the past few decades and women now represent nearly half of the UK work force. This means that many more women are affected by symptoms of the menopause in the course of their daily activities, often to the detriment of their families, work, and life in general.

This course will cover:

- The impact of the menopause on women in the workplace
- What employers should do to be more aware of the needs of women going through the menopause
- Practical actions that employers should take
- What UNISON can do to represent women on this issue and campaign for better workplaces



UNDERSTANDING SEX DISCRIMINATION

13 & 14 September Taunton | 09:30-16:30

Are your workplace policies equality proofed to ensure against sex discrimination?

Many members suffer at work due to lax attitudes regarding sexist behaviour and language, as well as workplace polices that are ineffective because they are either poorly written or not correctly used.

SCAN ME

The course will cover:

- Attitudes, behaviour, and language
- Examining workplace cultures
- Equality Act (2010)
- Workplace policies

www.southwest.org.uk/events/menopauseonline

southwest.unison.org.uk/events/understandingsexdiscrimination

The South West LGBT+ Self Organised Group (SOG) would like to invite LGBT+ members of UNISON to our AGM/Training Weekend in September. 2 – 3 September 2023

You will need to identity as LGBT+ and be a member of UNISON to attend.



We will hold our Annual General Meeting which is your opportunity to get involved in the LGBT+ South

West SOG Committee and have a say in our work for the next year.

The full agenda will be distributed in the coming weeks. Our regional education officer will also train us in delivering the 'How to be a good trans ally' training session so that we can cascade the learning across the region.

Accommodation will be provided with food and travel expenses paid. southwest.unison.org.uk/events/lgbt-self-organised-group-agm-training-weekend/





Disability Awareness month Learn with Diversity & Ability

Disability Inclusion

2nd November | 10:00-13:00



An engaging workshop to improve knowledge and understanding of disabilities and the prevalence of both visible and invisible differences in the workplace. This training will highlight small changes that help to create an inclusive culture where everyone can thrive.

Assistive Technology - (%)

16th November | 12:00-14:00



Assistive Technology (AT) is all around us - from spellcheckers to screen readers and much more. But many people are unaware of the features available at our fingertips or how best to use them to accomplish your goals.

Disability Disclosure

30th November | 12:00-14:00



Supporting our colleagues and members by raising awareness of disability disclosure. It is so important in creative supportive and fairer workplaces.



All three sessions need to be attended | All online via ZOOM https://southwest.unison.org.uk/events/disabilityinclusion2023/