

WHATS NEW IN MEMBER LEARNING



UNISON South West Region

UNISON College - Have your say!

You may have seen articles in the U magazine that goes to all members and in the activist magazines about the UNISON college. Work has been continuing and now we're asking UNISON members to tell us what they need, want and expect from a UNISON College so that we can be sure that we're on the right track. We're working with IFF Research to conduct a survey of UNISON members.

It would be much appreciated if you would circulate this information along with the link to the survey to your members and encourage them to participate - the more responses we get, the more confident we can be that we're ensuring that the UNISON College provides the learning and training opportunities that members and activist need, want and deserve. For all members who respond to this survey there is entry to a FREE prize draw!

Closing date: 31st March



TAKE SURVEY



UNISON Learning Café 26 April 12:00pm–1:30pm



JOIN US



Have you seen the benefits of lifelong learning? Do you want to support members to engage with education?

The Learning Café gives UNISON activists with an interest in learning and education an opportunity to come together alongside national member learning staff in a friendly, informal virtual setting via MS Teams.

<https://learning.unison.org.uk/events/learning-cafe/>



Explore Mindfulness

6th April 18:00

Join this evening taster session
(2 hours)

An introductory session to mindfulness. In partnership with Mindfulness UK.

- Learn more about mindfulness
- Explore the benefits of mindfulness to aid wellbeing
- Take home Mindfulness techniques to aid everyday life

southwest.unison.org.uk/events/mindfulnessstasterapril/

BOOK NOW



Mental Health Awareness

10th May 09:30

CPD accredited Learning around Mental Health with the Open University (3.5hr)

Discuss facts about mental health problems , challenge myths and misconceptions and explore public attitudes and stigma. Help to understand social and medical responses to medical distress and explore what might be helpful to promote mental Health in your workplace.

southwest.unison.org.uk/events/mental-health-awareness2022/

BOOK NOW



Get Acti>e

20-22 MAY,

CROYDE BAY

NORTH DEVON



Over three days of talks, training and networking, attendees will learn new tools and methods to help tackle issues and campaign for change. We have some brilliant workshops to choose from:

- An introduction to supporting disabled workers in your branch
- How to engage more young workers with union activism
- How to be a good trans ally
- Health and Safety with Hilda Palmer
- Know your rights in the workplace

southwest.unison.org.uk/events/getactive2022/



International Women's day 2022

This year we tried something new for International Women's Day with our first online crafting session. Jo McIntosh WEA supported learners to craft and create a suffragette styled brooch. Members were supplied with materials and an information pack about IWD, the Suffragette movement, some facts and a quiz. We hope to develop on this for future learning activities #IWD2022 #BreakTheBias



Picture: Dawn Eccles
Gloucestershire
Police & Justice Branch



South West Education Network, UNISON Learning Reps (ULRs) and Branch Lifelong Learning Officers

Education Network Meetings & "POWER HOURS" (online via Zoom)
Aimed at Lifelong Learning Coordinators, Union Learning reps and members on our Education network. These sessions discuss ideas and give information on training courses available, hints and tips for reps and how to spread the word on learning to our members. Including discussion groups, networking, sharing advice on issues and ideas on how to promote learning in your workplace and across the wider union. All offers can be found on our members learning webpage <https://southwest.unison.org.uk/member-learning/>

"POWER HOUR"- Lunch & Learns - Tues 12th April 1600-1700
Support and guidance on how to run a lunch and learn event in your workplace. Register [HERE](#)

"POWER HOUR" - Growing the team - Thurs 25th May 1600-1700
Learn skills and share experiences on how to Grow the learning team in your branch. Register [HERE](#)