

Festive wishes
& a Happy New
Year

Stats
2021

300

..... MEMBERS JOINED
US TO LEARN IN 2021

UNION LEARNING REPS

Why not look at becoming part of our learning network or a local Union Learning Representative

In 2022 we are looking to expand our learning network. Local reps can really help to share our learning offers, encourage members to attend learning and negotiate with their employer about partnership working. A learning rep promotes lifelong learning and workplace development. Be part of a network that can encourage members to learn with UNISON. Training provided and time off can be negotiated.

Call or text "ULR" to find out more to 07432688376



2022 January – July Offers

BOOK southwest.unison.org.uk/events/

Here are our initial learning offers for 2022.
Due to government guidance these will be held online

DATE	TIME	COURSE NAME
Tuesday 18 th January	18:00-19:30pm	Personal Safety for Women – With The Suzy Lamplugh Trust
Wednesday 26 th January	12:30 -13:30pm	Financial Wellbeing Webinar – Learn to be more financially resilient
Thursday 17 th February	10:15am-12:30pm	Bereavement & Loss Awareness Webinar – with CRUSE
Monday 7 th March Tuesday 8 th March	18:30-20:00pm 18:30-20:00pm	International Women’s Day Learning Activities – Creative crafting and Campaigns
Wednesday 16 th March (3 x 2-hour sessions)	18:30-20:30pm	Employability Skills Workshop – Boosting skills for your CV and interview techniques (16,23,30 March)
Tuesday 6 th April	18:30-20:30pm	Mindfulness Taster – 2 Hour Introduction to Mindfulness
Tuesday 10 th May	09:30-13:00pm	Mental Health Awareness CPD accredited with The Open University
Thursday 19 th May	09:30-18:00	Learning at work week brings a day of learning tasters.
Tuesday 7 th June (4 x 2-hour sessions)	18:30-20:30pm	Compassionate and Mindful Resilience Course. (7,14,21,28 th June)
Thursday 9 th June	12:00-14:00pm	Introduction to Stress Awareness
Summer Resilience Building Residential	26 th / 27 th June (Draft Details)	Build resilience and learn more about compassion.

**DATES
FOR
YOUR
DIARY!!**

JOIN US AT CROYDE BAY.....



20-22 MAY



7-10 JULY



South West Education Network, UNISON Learning Reps (ULRs) and Branch Lifelong Learning Officers

*Education Network Meetings & "POWER HOURS" (online via Zoom)
Aimed at Lifelong Learning Coordinators, Union Learning reps and
members on our Education network. These sessions discuss ideas and
give information on training courses available, hints and tips for reps
and how to spread the word on learning to our members. Including
discussion groups, networking, sharing advice on issues and ideas on
how to promote learning in your workplace and across the wider union.*

Revised date from Dec - now

"POWER HOUR"- Lunch & Learns - Thurs 6th Jan 1600-1700

**Support and guidance on how to run a lunch and learn event in
your workplace. Register [HERE](#)**

" Education Network Meeting" - Wed 19th Jan 1600-1730

**A welcome back to the New Year and an update on the regional
programme, our national Learning & Organising services offers
and training for reps. Register [HERE](#)**

"POWER HOUR"- Advice & guidance Wed 16th March 1230-1330

**Join in on this power hour to learn more about how to give
advice and guidance as a ULR or Education Officer in your
branch. Register [HERE](#)**

"POWER HOUR" - Growing the team - Thur 25th May 1600-1700

**Learn skills and share experiences on how to Grow the learning
team in your branch. Register [HERE](#)**