

Join us to celebrate lifelong learning at Work!



wea.org.uk

WEA Learning at Work Week

WEA
Adult Learning
Within Reach

We are offering a series of FREE online taster sessions over the week, using Zoom and would like to invite you to join us.

Please enrol by following the link after the course/s or copying and pasting into your browser.

NB after enrolment you will be sent an email from WEA infrastructure which will signpost you to the Zoom link.

Tuesday 18th May

10.45 – 12.15 Assertiveness (Managing Difficult Conversations) C3532484

<https://enrolonline.wea.org.uk/Online/2020/CourseInfo.aspx?r=C3532484>

12.30 – 14.00 Autism Awareness in the Workplace C3532485

<https://enrolonline.wea.org.uk/Online/2020/CourseInfo.aspx?r=C3532485>

14.15 – 15.45 Mindful Stretching C3532486

<https://enrolonline.wea.org.uk/Online/2020/CourseInfo.aspx?r=C3532486>

Thursday 20th May

12.30 – 14.00 An introduction to signing C3532488

<https://enrolonline.wea.org.uk/Online/2020/CourseInfo.aspx?r=C3532488>

14.15 – 15.45 Dealing with Challenging Behaviour C3532487

<https://enrolonline.wea.org.uk/Online/2020/CourseInfo.aspx?r=C3532487>

Friday 21st May

10.45 – 12.15 Stress Busting (Tips & Techniques) C3532490

<https://enrolonline.wea.org.uk/Online/2020/CourseInfo.aspx?r=C3532490>

14.15 – 15.45 Managing Anxiety C3532491

<https://enrolonline.wea.org.uk/Online/2020/CourseInfo.aspx?r=C3532491>

Saturday 22nd May

10.45 – 12.15 Building Aspirations/Goal Setting C3532492

<https://enrolonline.wea.org.uk/Online/2020/CourseInfo.aspx?r=C3532492>

12.30 – 14.00 Beginners Crotchet C3532494

<https://enrolonline.wea.org.uk/Online/2020/CourseInfo.aspx?r=C3532494>

Sunday 23rd May

10.45 – 12.15 Presenting Yourself (Saying what you mean) C3532496

<https://enrolonline.wea.org.uk/Online/2020/CourseInfo.aspx?r=C3532496>

12.30 – 14.00 Doodling C3532498

<https://enrolonline.wea.org.uk/Online/2020/CourseInfo.aspx?r=C3532498>



The WEA is a charity registered in England and Wales (no. 1112775) and in Scotland (no. 1112775).